



# Camp Summit Information for Students & Parents

*The following information is intended to help parents and their child prepare for the great experience in outdoor education*

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## **PAPERWORK:**

Until the Camp Summit Acknowledgement of Risk form and the Medical form are signed and returned your son/daughter will not be permitted to take part in any Camp Summit activities. Please hand these forms into your lead teacher as soon as possible.



## **MEDICAL FORM SPECIFICS:**

We understand that some parents may be hesitant to disclose information about their child's behavior or medical history, however, we use the information that you provide to ensure that your child has the best possible experience while at camp. Information on student forms is confidential and is shared only with the Director and the camp staff that need it to facilitate your child's experience.

## **ALLERGIES:**

Should your child have any allergies (*food, environmental, or otherwise*) please make detailed notes on the Medical form.

If your child has an allergy that is Anaphylactic in nature – we will require you to fill out additional Anaphylaxis forms detailing the allergy. With an Anaphylactic allergy your child is also required to bring two EpiPens with them to camp – they must carry one with them at all times while at camp. The second is to be carried by the school chaperone group leader. Summit does have EpiPens on site for emergency backup.

## **SPECIAL DIETARY REQUIREMENTS:**

Camp Summit strives to accommodate many dietary requirements and food allergies. However, if your child's food allergies or dietary requirements are extensive and require major modifications our kitchen may be unable to accommodate them completely. Should your child have a food allergy or dietary requirement that we cannot accommodate, it may be necessary for you to pack supplemental food for your child – please contact the school/teacher directly to make arrangements for their diet. We do provide a vegetarian alternative at meals for students that have indicated themselves to be Vegetarian on the Medical form. It is important to note that once a student has chosen the vegetarian option, he or she must remain on that plan for their full stay at camp.



## **MEDICATIONS:**

Please send any prescription and non-prescription medications that your child needs to take while attending camp with detailed instructions noted both on the medication and on the medical form. School Staff will assist your child with their medications – please make sure that you have provided the necessary information to the school.

## **NUT POLICY:**

Camp Summit is a 'nut sensitive' facility. Our kitchen does not serve food with nuts. We ask that parents do not send any personal food items with their children that contain nuts in any form. Any food containing nuts, nut products, or which may contain traces of nuts will be confiscated and not returned or replaced.

## **What NOT to Bring - MP3 Players, Electronic Games, Cellphones, Candies & Treats:**

We would ask that the students do not bring any of these items to camp. Candies and treats are not allowed in cabins due to wildlife and potential allergic reactions from other campers.



## **CAMP SUMMIT TUCK SHOP:**

We have a camp store that sells Camp Summit souvenirs, if your child would like to purchase a memorabilia. We have camp t-shirts, long sleeves, hoodies, trucker hats, warm toques, blankets, Summit bandannas & a Summit sticker. All of these items run from \$2 to \$30 dollars and can be purchased on the students last day of Camp.

## **RULES & CAMPER BEHAVIOR:**

It is important to note that an Outdoor Education program is still considered a school program. Students are expected to adhere to the basic rules that they would expect in a normal school and classroom environment. All specific rules at Camp Summit are designed around safety and respect. Students are made of aware of the camp rules upon arrival during our community meeting and they are expected to adhere to them. Please talk to your child about the following points before they come to camp:



Students are expected to take responsibility in caring for themselves – this includes wearing sunscreen, wearing weather appropriate clothing, washing hands regularly, showing good hygiene (*showering & brushing teeth*), getting enough rest (*adhering to the 'lights out'*), and listening to instructions and directions from Summit staff and teachers.

Being that camp is a community, students are expected to take responsibility in caring for others – this includes respecting privacy of others, respecting other people's belongings, sharing with others, treating others fairly, respecting differences (*cultural or otherwise*), and reporting (*and not participating in*) any incidences of bullying or exclusion.

Camp takes a role in educating students in caring for the environment. They are asked to respect the natural life around camp (*trees & animals*), to keep the site clean of garbage, to recycle, and to keep from being wasteful (*particularly at meal times*).

Students are expected to be respectful of camp equipment, cabins, and camp property.

**\*\*The following behaviors or actions are not tolerated at Camp Summit: bullying and/or harassment, alcohol and/or drug consumption, smoking, use of profanity (swearing), theft, vandalism, and aggressive defiance/disorderly conduct. \*\***

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